

Mental Health Treatment CPT Codes & Unit Calculations



CPT CODE	DESCRIPTION	DURATION
90791	Intake — Psychiatric diagnostic interview examination	1 to 2 units/hours
90792	Intake — Psychiatric diagnostic interview examination with med management	1 to 2 units/hours
90832	Individual psychotherapy	30 minutes (.5 unit/hour)
90834	Individual psychotherapy	45 minutes (1 unit/hour)
90837	Individual psychotherapy	60 minutes (1 unit/hour) or longer based on units billed
90846	Family psychotherapy, <i>without</i> the patient present	1 to 2 units/hours
90847	Family psychotherapy (including conjoint), <i>with</i> the patient present	1 to 2 units/hours
90853	Group psychotherapy	1 to 2 units/hours
90863	Pharmacologic Management — for pharmacologic management <i>with</i> counseling this code must be used in conjunction with 90832, 90834 or 90837 (whichever is appropriate) as a separate line item on the CMS1500 form	30 minutes (.5 unit/hour) to 1 unit/hour
90875,90876, 90901, 90911	Biofeedback Therapy — Provided by a licensed mental health clinician or supervised intern.	45 to 60 minutes (1 unit/hour)
90880	Hypnotherapy — Provided by a licensed mental health clinician or supervised intern.	45 to 60 minutes (1 unit/hour)
97110, 97112, 97116, 97150, 97530, 97535,	Music Therapy — Provided by a licensed mental health clinician or supervised intern. (Additional CPT Codes: 97537, 97139, 97532, 97533, 92507, 97799)	45 to 60 minutes (1 unit/hour)
90887	Case Management — limit 5 units/hours per application Does NOT count towards session limits	45 to 60 minutes (1 unit/hour)
96101, 96102	Testing, psychological — submission of test results and evaluation of results are required	up to 8 units/hours
96118, 96119, 96120	Testing, neuropsychological — submission of test results and evaluation of results are required	up to 8 units/hours
98968	Telehealth, non-psychiatrist — limit 5 units/hours per application	30 minutes (.5 unit/hour) to 1 unit/hour
99443	Telehealth, psychiatrist — limit 5 units/hours per application	30 minutes (.5 unit/hour) to 1 unit/hour

Unit Calculations (Individual/Family Therapy)

Unit(s) on CMS1500	Applied to Session Count	Time
.5	½ Session	Up to 44 min.
1	1 Session	45–74 min.
1.5	1 ½ Sessions	75–104 min.
2	2 Sessions	105–120 min.

Unit Calculations (Group Therapy)

Unit(s) on CMS1500	Applied to Session Count	Time
1	½ Session	60 min.
2	1 Session	120 min.
3	1 ½ Sessions	180 min.
4	2 Sessions	240 min.